

2025



Events

JANUARY

FEBRUARY

MARCH

Healthy Heads Road Show in Victoria
Melanoma month – Melanoma Institute Australia
20 – International Day of Happiness
21 - National Day Against Bullying & Violence

APRIL

Healthy Heads Road Show in New South Wales
7 – World Health Day
28 – World Day for Safety & Health at work

MAY

Healthy Heads Road Show in Queensland
6 – R U OK? in Trucks & Sheds National Day
11-17 - Women’s Health Week
11-18 - National Road Safety Week
15-18 – Brisbane Truck Show
28 – Womens Health Day

JUNE

Healthy Heads Road Show in Northern Territory
9-15 – Men’s Health Week

JULY

Healthy Heads Road Show in Western Australia
22-24 - CeMAT
30 – International Day of Friendship

AUGUST

Healthy Heads Road Show in South Australia
12-16 – Bullying No Way Week
TBC - HHTS Partner & Supporter Event

SEPTEMBER

Healthy Heads Road Show in New South Wales
10 – World Suicide Prevention Day
11 – R U OK? Day
TBC- Healthy Heads Industry Forum

OCTOBER

Mental Health Month

NOVEMBER

DECEMBER