

Our Impact



Over FY24, Healthy Heads in Trucks & Sheds continued to extend its programs and impact, reaching more people across the sector, with key highlights detailed below.



Road Show

29 events across Australia
2,700 + connections made



R U OK? in Trucks & Sheds

Double the participation on previous year with **over 200 Company Champions** involved in 2024.



Health screenings

Piloted offering **free health screenings** as part of Road Show events commenced in March 2024, with a total of **253 screenings** completed.



Industry Tailored Mental Health training

Secured funding to offer **600 free mental health training places** to small to medium-sized organisations with thanks to the NHVR Heavy Vehicle Safety Initiative.



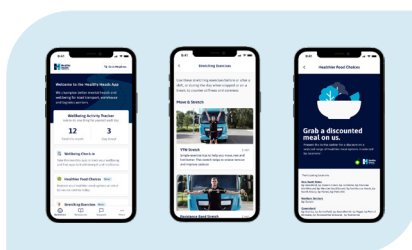
Nutrition and Wellbeing

Since September 2022, almost **30,000 bp Healthier Choices Menu** meals sold
Completion of **Be Fit Food Trial** Program
Commenced new nutrition program - **Nutrition in Sheds**



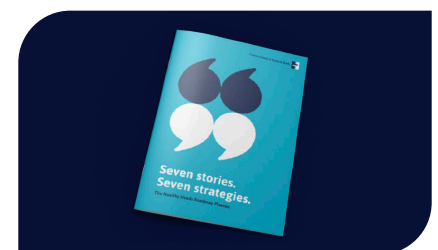
Industry Engagement

29 industry specific events attended nationwide.



Healthy Heads App

Almost **15,000 downloads** to date.



Roadmap Planner

Over 2,500 people have accessed this new resource nationwide.

